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**The invest in play (iiP) parent programme is a 12 session course for parents of children age 2-12 years.**

The course has been shown to build children's social competence, self-confidence and emotion regulation skills and help parents respond to common childhood issues such as whining and not listening. It also helps children struggling with low self-esteem, behavioural difficulties, ADHD and Autism.♥

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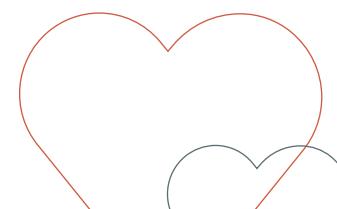
To learn more about  
invest in play courses contact:



**Building stronger  
relationships for the  
whole family**

invest in play Parent Courses

*Building Foundations For Life*





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A father from an invest in play parent course says:

**Being a parent is hard. You don't learn how to do it in school. I think that all parents should have access to these tools. ”**

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The iiP programme teaches practical and compassionate strategies that are proven to be effective.

The strategies consist of six steps that help build a strong foundation for your child's life. Using these steps, you will learn to:

- Use play and positive attention to strengthen your relationship with your child and create greater trust between you.
- Support your child's learning, emotional and social skills.
- Set caring boundaries that create a predictable and secure framework for your child's well-being and development.
- Regulate strong emotions – your own as well as your child's.

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invest in play is an international not for profit organisation with a mission to support children and their caregivers around the world.

iiP has developed culturally sensitive, research-based courses for parents with children aged 2-12 years, as well as courses for professionals working with these children. iiP has co-created the parent course with families and professionals from many countries.

iiP consists of an international team of psychologists who have worked with children and families for over 25 years. You can read more about iiP here:

[www.investinplay.com](http://www.investinplay.com)

